

DIAGRAM A

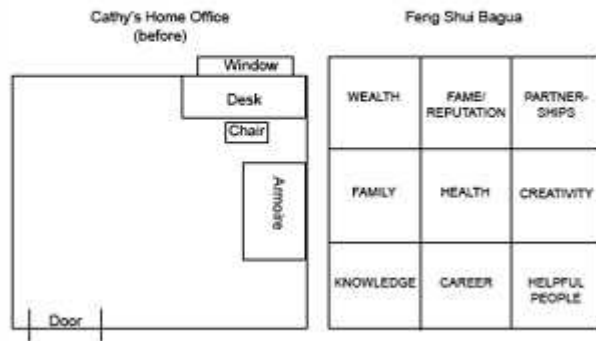


DIAGRAM B



## Home Office Feng Shui

### How to set up your home office according to feng shui principles

by Maureen K. Calamia | posted April 2009

The best way to start on the road to prosperity is to start looking at your home office with a critical, objective eye. There are many dimensions that effect how you feel in your office space, including the décor, placement of furniture, color, shapes, temperature, lighting, and placement of the room within the interior of the house. All of these facets can be viewed through the ancient principles of Feng Shui.

#### An Example of an Uncomfortable Home Office

Cathy is a budding writer. She has transformed a small guest room into a home office. She loved the views outside of her home and the natural light the window brings, so she positioned her desk accordingly (see diagram A). She painted the walls a soothing color and decorated it with things that she loves. But she never felt comfortable in this space and wound up writing in her kitchen or family room.

Upon observation I saw two things that would cause her discomfort: (1) the position of her desk and (2) the large armoire she uses for storage.

#### How We Created an Inviting Environment

I suggested that Cathy move the desk to a "power position." A power position is one that allows you to see the door easily while not being directly in line with the door. (Energetically, being in-line with the door causes rushing energy to attack and disturb you). Cathy's desk position caused her to have her back to the door, unconsciously in a vulnerable position, causing feelings of unease. In addition, the large armoire—an imposing structure—positioned at her back created a feeling of being dominated from behind, adding to the unease.

So, we moved the armoire to the opposite wall and moved her desk to take the power position, while maintaining her view from the window (see diagram B). Immediately, Cathy felt the effects of the energy-shift in the room and knew she would be able to work in this space.

While discussing her challenges with starting a new career, we found that Cathy was lacking a support network. To help her establish this network, we looked to the Helpful People corner of her space. Positioned to the left of her new desk position, in the corner, this space is also known for Travel and is also represented by the Metal element, colors white and gray, and round shapes. Cathy had some wonderful photos from her world traveling that we hung in metal frames and added to brighten up this corner.

And, as always, to boost your career, you can add the Water element to your Career area. We added a beautiful fountain just inside her door to the office. You can also add the Wood element to enhance the Wealth and Abundance corner of your home office, as we did in Cathy's. Next to the armoire we placed a large ficus tree that will support and nourish Cathy's ability to earn a living from her new career!

Start looking at your office in an objective way. What can you do to enhance your work environment?

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